

**OUR SERVICES
ARE FREE**

Stroke Recovery Center NEWSLETTER

Volume 31, Issue 31

November-December 2009

30th Winter Wonderland Ball

November 29

The Board of Directors of the Stroke Recovery Center cordially invite you to the 30th annual Winter Wonderland Ball Sunday, November 29, at the Rancho Las Palmas Resort in Rancho Mirage. It will be a beautiful evening of dinner and dancing. Back by popular demand is the fabulously fun entertainment by the Wayne Foster Entertainment Group. Hosted cocktails at 6 PM, dinner 7 PM, black tie. Special live of auction of "Dinner for Eight" by renown Chef Andre Carthen (details on page two).

2009 Wonderland Ball Honorees

Helene Galen
Ann Angel Award



Geno & Lindi Biggi
Dr. Irving Hirshleifer Award



This is the Stroke Recovery Center's main fundraising event each year and we look forward to having you join us. Tickets are \$325 per person (tax deductible portion \$200), tables of ten \$3,250. For more details, call Diane at 760-323-7676. If you cannot attend, please help us continue the Center's work with your contribution. Thank you.

UNIQUE LIVE AUCTION AT WONDERLAND BALL

*Dinner for eight
at your home by*



Kathy Ireland Worldwide
Design Ambassador
Food & Entertainment
Chef Andre Carthen

When Lifestyle Designer Kathy Ireland saw a need for easy and nutritious home cooking ideas for families, she asked her good friend Chef Andre to partner with her to bring culinary solutions to families. Together they developed the ACafe Brand, a place where everyone can learn and communicate about cooking, and entertaining. ACafe by Chef Andre is about food, family and fun!...*and fun means culture and entertainment.* ACafe "...where you always know what's cooking!"

With Kathy Ireland being CEO and Chief Designer for Kathy Ireland Worldwide, she and Chef Andre worked to develop products to support this goal. ACafe by Chef Andre products range from Rugs, Furniture, Top of Bed, Accessories, Lighting, Wall Art, Table Top, Jewelry, Skincare, and Candles, which have received one of the brands many Good Housekeeping Seals of Approval.

Chef Andre has appeared on television and radio, co-hosted an afternoon on "**Serves You Right**" radio with Steve Valentino, and appeared with Kathy on the popular television program **Soap Talk** and **EXTRA**. Chef Andre has also appeared on **Sunday Dinner, Access Hollywood, Taste of Southwest** w/ Chef Dean Fearing, was invited to be a guest chef at the nation's largest Father's Day event, **Real Men Cook**. He is a featured chef on chefwear.com and has also been a contributor to [Amateur Chef Magazine](#), and [Women's Magazine-Santa Barbara](#).

Minimum Bid: \$3500

TELEMEDICINE (TELESTROKE)

by Kurt deCrisis, MD

Telemedicine for stroke care. The future is here with high quality video conference systems connecting expert neurologists for rapid remote exams and treatment undergoing suspected strokes. This would provide improved treatment and diagnosis in underserved areas at the right timing and right care to the right patient, whenever local or on site acute stroke expertise is inefficient to provide around the clock coverage. Telestroke systems could be developed to supplement resources available. There are 700,000 strokes in the U.S. causing 163,000 deaths, but there are only four neurologists per 100,000 people, and some of them might not do acute stroke care. A number of neurologists are opting out of acute stroke care coverage. Additionally misdiagnosis by ER and/or primary care physicians is high.

It has been estimated that less than 50% who are admitted with a stroke see a neurologist while they are in the hospital. Urgent neurologic care of acute strokes is critical in order to achieve quick reperfusion of the ischemic brain tissue. This new medical care delivery system sounds very promising, but will be fraught by lack of money and politics. However, when implemented, this will allow us to do a better job of treating acute stroke where there is no current coverage.

Have you thought about your legacy?

It is said that by the simple act of giving, we receive more than we ever thought imaginable. More than 80% of Americans contribute to nonprofit groups throughout their lifetimes but only 8% chose to continue this support through a charitable bequest. By considering the Stroke Recovery Center in your Will or Trust, your planned gift will continue to assist stroke survivors and their families while supporting your and your family legacy.

In the event you have already named the Stroke Recovery Center as a beneficiary of your estate plan, we would love to hear from you. We would like to acknowledge our legacy circle and express our appreciation. If you would like more information regarding planned giving, please give us a call. We would be happy to help you with this very important decision. Call Bev Greer at 760- 323-7676. Thank you.

CONGRATULATIONS CLIENTS ON PROGRESS

by Cindy Lamm, RN



NAOMI BAILIE had her stroke in 2007 which paralyzed her left arm and left leg. She is greatly improved, but walking and using her left arm are still

difficult. Her needs now are to continue exercising daily and the Center's exercise room is sufficiently equipped for her to continue improving. In the photo, Naomi uses the NK (resistant leg flexion and extension), one of our more difficult exercises. She likes to go after the tough ones. They seem to be beyond her abilities, but in a short time, we'll see her doing an exercise which she formerly could not do. Then we get to see her big smile.

GEORGE CHRISTY has made great progress since his 2001 stroke which affected the right side of his body. He had a relatively mild stroke compared to some of our other clients. George can walk now but still has a shuffling gait caused by poor hip flexion. He uses the parallel bar exercises of high-stepping, leg lifts and leg holding at different positions.



Thank You

Dolly Sinatra Lodge #2400 Sons of Italy – For all their efforts hosting the Oct. 11th Sunday Brunch benefit which raised \$1100 for the Stroke Center.

AUXILIARY DINNER A GREAT EVENT

by Elva French Casey

With the background of the gorgeous estate of Mrs. Jo Pond, great music by Johnny Meza and Lola Rossi, delicious food by Leon's Catering, the October 3rd Auxiliary Dinner was a winner. The Auxiliary Board extends its heartfelt thanks to everyone who attended. We owe a deep debt of gratitude to Jo Pond for loaning her lovely patio for the event. Thanks to our generous underwriters: Jackie Lee & Jim Houston, Rhoda Kosslyn, Marilyn Hirshleifer, Jackie Lawrence, Beatrice Carberry, Elva Casey, and Sherman's Deli. (*Editor's note: Apologies to Rhoda Kosslyn for inadvertently omitting her name from the program underwriters.*)

Thanks to our prize donors: Bath & Brush, Scott Garver, Boyd & Lisette Haigler, James Kennedy Hair Salon, Jessup Auto Plaza, Knott's Fitness Point Health Club, Lyon's English Grille, Marriott Desert Springs, McCallum Theatre, Michael's Hair Salon, Palm Springs Aerial Tramway, Palm Springs Art Museum, Panera Bread, PetSmart, Pinocchio in the Desert, Sherman's Deli, Tahquitz Creek Golf Resort, The Face Place, The Living Desert The Palm Springs Aloe People, and Trader Joe's. Because of all of the generous people and businesses listed, the Auxiliary was able to present a check for \$7,000 to support the Stroke Center.

FROM THE ADMINISTRATOR'S DESK

by Beverly Greer

The Stroke Recovery Center works for stroke survivors and their families helping continue getting better and regaining control over their lives and activities of daily living. Borrowing an acronym used by Julia Fox Garrison who wrote about her recovery in *Don't Leave Me This Way*, all of us here at the Stroke Recovery Center LISTEN to each and every one of our clients.

- L** – we **l**ead the clients without using murky or confusing medical jargon.
- I** – we **i**nspire our clients to create their own goals.
- S** – we **s**ee and celebrate the unique characteristics of each client.
- T** – we engender **t**rust making our clients feel safe and confident.
- E** – we provide hope, courage and support **e**ncouraging recovery.
- N** – we **n**urture the mind as well as the body.

We work as partners encouraging the clients and their families to thrive providing help, support and guidance. Our clients achieve great strides in recovery working developing new skills and improving old skills all the while enjoying life and learning to laugh again. This becomes their special place where friend and family can work together toward a common goal and where resources are available to help you with all facets of getting better. While the therapies are focused and effective, we mix the social and just plain fun so that the client never is bored or the program becomes routine. Variety is good for all of us and keeps us engaged and interested. We have been doing this for 30 years and hope we can do it for 30 more.

THANK YOU FOR DONATIONS TO THE STROKE RECOVERY CENTER

\$5,000 and over: Desert Healthcare District – Grant, H.N. & Frances C. Berger Foundation – Grant, Kaiser Permanente – Grant.

\$1,000 to \$4,999: Violet Wang

Up to \$500: Roger Abernathy, Lawrence Allen, B & M Air Conditioning, Naomi & Michael Bailie, Jeffrey Berntsen, Bill Borine, Clinton Brooks, George & Linda Christy, Melodie Cole, Suzanna Constantinescu, Ed Cucchiarella, Rodney Drew, John Finnegan, Jack Fitzgerald, Michael Green, Flood Patrol, Doris Little, Frank Marshall, Leona & Jack McKendrick, John Millar, Rudy Neja, Gregg Rapp, Sempra Employee Giving Network, Charlene & Jack Senior, Jack Small, Ed Solberg, Tyler Zellmer.

MEMORIALS

(a meaningful way to honor the memory of special friends and family.)

Jane Bellomo

Andy Bellomo

Suzanne Bilowit's son

Lila Blane

Paul Burke

Barbara Wallmark

Stan Castrucci

Lucille Guerra

Virgil Griswold

Joyce Griswold

Jerry Ray Hollomon

John Cliburn

Charles Keaton

Donna Buffington & Shirl Wilkins

Virginia Lonning

Dirt Farmer & Company

Lloyd Marks (to Marks Park)

*From Lloyd's Guys –
Bob Abt, Michael Blechman,
Lee Casty, Art Evans, Ken Fishbein,
Ken Grossman, Barry Lind, Jeff Nianick,
Michael Perlen, Craig Rheingruber,
Evan Silverman, Matty Spagat*

Leonard Markstrom

Ron & Kari Hahn

Sidney Shunan

Allan Marks & Lillian Hartley

Fan Simkin

Vicki Knight & Svend Duus

Kitty White

Marilyn Hirshleifer

Frank Wiskowsky

Dorothy Lyons Berns

TRIBUTES

(a meaningful way to honor individuals and couples on special occasions and to thank friends for their hospitality).

Nejia Bogert

Cindy Lamm

Dennis Erlich

Richard Esterman

Richard Esterman

Chris Dorger

John Hirshleifer, MD

Marilyn Hirshleifer

Ted Rowe

Marsha & Leonard Block

Bonnie Carmell

Edith Saenz

Art & Adela King

THANK YOU FOR BALL DONATIONS

Barbara Sinatra Children's Center & Susan Reynolds (honor Helene Galen), Melvyn & Dorothy Lefkowitz (honor Helene Galen), Jerry Pollack (memory Ann Angel & honor Stan Hack), Gladys Rubinstein (honor Helene Galen), Gary & Phyllis Schahet (honor Helene Galen).

THANKS FOR MEMBERSHIPS

Preferred Family: Oscar & Lee Breyer, Norman & Bernice Brown, Judy Munday & Jan Moises, Rush & Maureen Spaulding

Family: Steve & Janet Damron, Barbara Malone & Lester Erickson, Loren & Joan McMillin, Robert & Linda Rosefsky

Individual: Maria Arechiga, Helen Broker, Virginia Gross, Mark Marcario, Lee Merryman, Rudy Neja, Fern Powell, Shirley Rake, April Smith, Anita Wagner, Evelyn Zaltzman

Please help by becoming or renewing your membership. Thank you.

Individual Membership - \$25

Family Membership - \$45

Preferred Family Membership- \$100

Life Membership - \$500 per person

Diane Hanner, Editor; Bev Greer, Administrator
Stroke Recovery Center Newsletter
official news communication of the
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PLEASE BUY BRICKS

You can have a commemorative brick beautifully engraved and permanently installed on our Wall of Honor in Stroke Center rear yard. For only \$100 per brick you can have laser inscribed up to 4 lines on each brick. Perfect gift in memory of a loved one, for a special occasion, or just to show your support of the Stroke Center. Use enclosed donor envelope or call Diane at 760-323-7676.



THANK YOU FOR BRICKS

Bill Borine (memory Norman Borine), Carl & Lois Hickey (memory Albert Johnston), David Marks, Tom Roney & D.M. Merchandising (memory John G. Schoessow), Vicki Spring (memory Carl D. Spring Jr).

WELCOME NEW CLIENTS



Viven Bandiola, Ben Belshee, Olga Cates, Refugio Cisneros, Shirley Desselle, Patrick Gannon, Frank Gonzales,

Daniel Hoffmann, Karissa McGinness, Beth Nolan, Wilbert Patrick, George Snyder, Alma Swendig, David Wick, Patrick Wilkerson, Margarita Zuniga

WELCOME NEW VOLUNTEERS

Jean Claire Claman, Amanda Edmond, Paul Harrison, Eugene Martinez, Deborah Pierce, Rocky Randall, Donna Tarlowe, Vila Zerina



Jackie Lee's Thrift Shop

Stop by **Jackie Lee's Thrift Shop** weekdays 8:30 to 3:30 to check our latest arrivals. We have great items coming in daily and the best prices in town. Donations of gently used clothing, furniture and other items are always needed. Call Al at 323-7676 to arrange local pickup. Donations are 100% tax deductible and all thrift shop proceeds support our free rehabilitation programs.